



## JCA Sports Day 2017



**Our sports day was simply incredible. As Principal, it was my first opportunity to witness this day at first hand and I am pleased to say that the day was a joy from beginning to end. The student effort, discipline and competition was an outstanding feature of the day. Great teamwork, individual support and sacrifice saw that very strong competition took place across the day from all four communities.**

The organisation from the PE team and wider staff who lent a hand on the day was outstanding. Huge thanks goes to Mr Thomas and the PE team for planning and delivering this wonderful day. I know that he too would want to thank the many others who went the extra mile to ensure that the day was so special for everyone involved. As a school, we want to create special memories for students in their time with us. Sports Day has been a joy for everyone to be involved in and especially to see the growth and development that takes place from events such as this throughout the year.





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## Uniform

In order to further support parents/carers as we transition to our new uniform in September, we are currently offering the opportunity for parents to come to school between the hours of 3.30 - 4.30pm (Monday - Thursday) until the end of Term 6. Please come to reception at this time if you would like to try on uniform to gauge sizes.



Please also find attached a letter illustrating the new uniform and details of how to purchase it, as well as guidance on acceptable styles of trouser and shoes. As parent/carers would expect, we will be ensuring that our uniform is worn correctly in the new school year for all of our students in all year groups in the new school year.

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## Archery success – Anna Perkins Y10

We have been delighted to have been able to follow the progress of one of our Year Ten students, Anna Perkins, as she has taken her place in the England Archery squad this year.

Recently, Anna represented the England Team in last Saturday's home nations match. England were the overall winners in an encounter versus Scottish and Welsh national representative teams. Congratulations Anna, everyone at JCA is proud of your work and achievement.



*Anna in action and the full England team celebrating after the event (Anna is 4<sup>th</sup> from left, front row)*

To reach such giddy heights in any sport is rare and we can learn from those who have made the sacrifice to reach this exceptional place. I'm really pleased that Anna has taken the time to write the following piece to help us to understand how it feels to achieve this level and also for us to begin to comprehend what it feels like to take part in such high level activity.

*"There's a common misconception that you can just 'wing it'. One that, regrettably, I have used myself for times when I didn't want to revise or practice. However, there's truth in the saying 'you get out, what you put in'. It is a simple concept. You revise. You know the answers. You get the marks, and you get the grade you deserve.*

*Sport doesn't always work like this, I'm not here to tell you it does. Athletes can train for the better part of their lives, for one race and they can lose it by half a second. They can get injured and spend months on the bench or they can miss their start cue and fall. The world is far from perfect; it is not equal or fair and it's hardly ever predictable.*

*However, what I can say with certainty is that if you're not prepared to work, to put in everything you can, you will never get anywhere. I spend 20 hours a week practicing, missing out on a lot. In return though, I get to stand in a field for 6 hours straight (for competitions), in the pouring rain or the blistering heat (because it's the UK)... and it's one of the best things I could possibly think of.*

*I get to meet incredible people from all over the place and I get to travel to all four corners of the country. I get to represent my country doing what I love. So, even though I have to wake up at 4 in the morning on occasions, and have to catch up on missed work, it's worth it."*

## End of Term arrangements

**On the final day of term, students will be permitted to wear non uniform to raise money for their Community charities. A suggested donation of £1 should be brought in with students on the day.**

During the day, students will be participating in Community Day activities. These are a series of competitions that students compete in within their year groups against the other communities. The Summer Community Day trophy will be awarded to the Community that amasses the most points during the day.

On the final day, these activities will finish at 12.55pm. All buses will leave the site by 1.10pm. Please can I request that all students are collected by this time or alternative arrangements for them to get home are made. No students should be on site after 1.10pm. Many thanks for your support with this.

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## New Careers Advisor

**Catrina Holmes has recently started in post as JCA's Careers Advisor.**

Catrina can support students with their plans in relation to careers and employability, including (but not limited to):

- Identifying strengths and skills
- Post 16 options
- Work experience and volunteering opportunities
- Employability skills (support with interviews and applications)
- Signposting students and parents to career resources and pathways.



Catrina's working days during term time are Monday, Wednesday and Thursday and she is based in SF6. Students are welcome to drop into SF6 to ask questions and pick up careers information. In addition, careers appointments can be arranged by speaking to Heads of Communities or by contacting Catrina directly. Parents are welcome to attend careers appointments and can request information by email ([catrina.holmes@jca.cabot.ac.uk](mailto:catrina.holmes@jca.cabot.ac.uk)) or by phone (ext 1126).

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## Future Quest Event

**Parents as Partners event at @Bristol on Saturday 8 July 2017.**

The Future Quest team invite you to our free family fun day held in the Rosalind Franklin Room on the top floor of @Bristol (Anchor Road, Harbourside, Bristol, BS1 5DB) with an amazing view of Millennium Square.

The event will run from 11 – 2pm so feel free to come along and celebrate all the fantastic work the students have put into the Future Quest programme this term.

There will be something for everyone with tasters and activities in different career paths, including:

- Learning performance skills with Circomedia
- Creating wounds, cuts, gore and bruises with theatrical and special effects make up artists
- Practice lifesaving skills and become an expert in bandaging with St John’s Ambulance
- Talk to real life scientists about their careers and choices
- Fly on a Harry Potter broom stick using green screen technology
- Develop your problem-solving skills and learn about engineering with the RAF
- Try out music production techniques with Bristol Plays Music
- Face painting for younger members of the family
- The first 100 attendees will be able to enter @Bristol and the Planetarium for only £4!

The whole family is invited to come along and try something new! If you have any questions please don’t hesitate to contact Rachel Stevenson on 07375 702492 or a member of the Future Quest team.

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## Dates for the Diary

Below are a number of key dates into the near future that parents may wish to be aware of:

Years	Event
All years	CLF Inset Day, Friday 7 July – all CLF academies closed Learning 4 Life, Monday 17 July, pds 1/2 Term 6 ends, Friday 21 July – Community Day
Year 7	Y7 Drama Festival, Tuesday 18 July
Year 8	Y8 Drama Festival, Monday 17 July
Year 9	
Year 10	Y10 Geography Field Trip, 12 – 15 July Y10 Geography Field Trip, 17 – 19 July
Year 11	
Sixth Form	

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## Achievement, Rewards & Recognition

Due to the shorter week this week with Sports Day and the Inset Day, the lesson scores and achievement points will be carried forward, added to next week’s totals and reported in the newsletter next Friday.

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## Friends of John Cabot

**The Friends of John Cabot were at Sports Day this week raising money in support of the school by selling ice lollies, sweets and drinks.**

They raised an enormous sum of £950, which is amazing! This money will all go back in to the school and will be spent on things that will benefit the students. Thanks to everyone who bought refreshments and sorry we ran out of ice pops and cornettos! It was a pleasure to spend the day there and to see the enthusiasm of both staff and students despite the very hot weather!

The Friends will also be at the Summer Music Concert on Wednesday 12 July selling refreshments – please come early to enjoy a glass of Pimms or a cool cider before watching the concert.

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## Lost Property

**Due to space constraints, we are changing our system for dealing with lost property. From now on:**

- Items with students' names in will be returned to them.
- Valuables including waterproof/winter coats will be kept until the end of term, then sent to charity.
- Other lost items will be kept in student reception for *one week*, then recycled or thrown away.

We currently have approx. 30 high quality and expensive, premium branded winter coats in lost property. If your child has lost theirs, please encourage them to come and have a look. Or you can telephone the school and ask to speak to Miss Skuse in student reception with a description and she will see if she can find a match.

All lost property PE kit is being cleared out. There are lots of items of difference sizes that students can collect and claim for free, due to not having any names on it. We will keep this in the PE corridor until the end of next week, after which we will be sending all unclaimed items to charity.

Best wishes

**Mr S White**  
**Principal**

