

A Further Reminder that the Speed Limit on the Academy Site is 5 Miles Per Hour.

Please observe this speed limit at all times and be aware that it applies to the entire site.



Stranger Danger

Yesterday morning a pupil from a CLF school was approached by a car on Hanham high street.

He is safe, and the Police have been informed. Please be alert and notify the Police on 101 if you see anything suspicious.

From Monday 28th January, First Story Sessions will run from 2.10pm (during Period 6 Enrichment) until 3.40pm on Mondays. This is so that students are able to get home a bit earlier.

Thursday 31st January: Year 8 Intercommunity Event

Students will be participating in either netball or football during Period 3 & 4 and should therefore be prepared to be outside.

Please ensure that your child has appropriate PE kit for this day. Need some motivation? Here's the zone league table!

Position	Zone	Points
1st	Aardman	84
2nd	Rowling	65
3rd	Banksy	58
4th	Naz	54

Recognition of commitment: Freya and Olivia

These two year 10 students have committed to travelling to King's Oak 2 days a week to complete their dance GCSE out of school hours.

On Friday they performed their first GCSE assessment piece during the CLF Winter Showcase, and did an incredible job of representing JCA.

Lost Property

Please can students come and collect any lost property from reception, and try their best not to leave them unattended anywhere on the school site.

Parents and guardians: please ensure your child's clothing and possessions are clearly labelled.

Christmas Jumper fundraiser: results are in

JCA Students raise over £500 for Save The Children

We have now counted and paid in the money raised before Christmas from the Non-Uniform Day on the last day of term, and the Christmas Jumper Day collection box that was on Reception.



The total amount collected was £521.42, a great achievement which has been donated to Save The Children. Thank you to everyone at JCA for your compassion and generosity.

The donations to Save The Children, by community:

£105.16 - **Naz**

£166.26 - **Aardman**

£ 99.75 - **Rowling**

£124.25 - **Banksy**

£ 26.00 - *Reception*

£521.42

World Book Day 7th March

Students are invited to come to school dressed up as a book character!

They should also bring a copy of their favourite book, if possible. More activities to be announced closer to the date.



School Counselling Service

The school counselling service provides confidential one-to-one counselling for pupils.

The service aims to help pupils to resolve personal difficulties and develop emotional health and wellbeing, so they feel happy at school, are engaged with their learning, and can work towards achieving their potential.

What is counselling?

Counselling offers pupils the opportunity to talk in confidence about a difficulty they may be having or distress they may be experiencing - and work with the counsellor to find their own solutions and answers.

How can counselling help?

Counselling can help pupils develop a language for feelings, express and understand emotions and difficulties, and find new ways to deal with problems. This in turn can help pupils to feel better about themselves and others, take responsibility for their choices, and become more skilled at coping and thus more self-reliant.

What do we mean by confidential?

The counsellor does not discuss the content of sessions with others, unless the pupil consents for this to happen or there is reason to believe that the pupil (or another person) is at risk from harm. The counsellor's aim is to ensure there is an appropriate balance between the protection of the pupil's information, and the sharing of such information to improve his or her care at school and ensure the safety and wellbeing of all concerned.

For more information, please see the School Counselling Service policy.

Who is our counsellor?

The name of our counsellor is Katie Richards. Katie is a registered member of the Accredited Counsellors, Coaches, Psychotherapists and Hypnotherapists (ACCPH). The ACCPH sets the standards to which Katie is expected to work. It also has a complaints procedure that will handle any complaint regarding the standard of practice of any member of the organisation.

How can pupils access counselling?

Pupils are encouraged to self-refer but staff, parents and external professionals can also make referrals, provided the pupil has agreed to the referral and is happy to meet with Katie to find out more about counselling and explore whether it is right for them.

How do I make a referral?

If you would like to make a referral, you can pick up a referral form from the school reception or room CF5 - complete the referral form and return it to us via post or in person. If you would prefer to speak with Katie to discuss a referral or need help completing the form, she is available in school Monday's from 8.30am until 4pm and Thursday and Friday afternoons 2-3pm.

What happens after that?

We will contact you to discuss your referral and organise for you to complete the consent and confidentiality agreement.

If you are interested in finding out more about school counselling, or have any questions that are not answered here, please do not hesitate to contact Katie. She will be more than happy to speak with you. Or via email: Katie.richards@jca.cabot.ac.uk

ONLINE APPLICATIONS CLOSE
31 JANUARY 2019
DON'T MISS OUT!

P16

CABOT
LEARNING
FEDERATION

CLF POST 16 INFORMATION EVENING – John Cabot Academy
Wednesday 27th February 2019 - 6pm to 7pm

CLF Post 16 is an inclusive and supportive provider that places the needs of all students at the heart of everything we do. We cater for all levels of students from Level 1 ESOL, through Level 2 and Level 3 Vocational to the full breadth of A level courses.

We are a successful Post 16 within the local area and wider city of Bristol. Ofsted recently judged us to be a good, purposeful and supportive Post16 centre and an Academy that is a strength to the Cabot Learning Federation.

Students who are part of our community all move onto fantastic and successful pathways, with students studying degrees at universities across the UK, including Russell Group Universities, notably Bristol, Oxford and Cambridge. Many students choose an apprenticeship route instead to obtain their degree through on-the-job training and we are proud to see them succeed in their chosen careers. You can find out more at www.clfpost16.org or attend our information evening at John Cabot Academy on Wednesday 27th February, from 6 – 7pm.

Online applications are still open until 31st January and parent tours of BBA and JCA are available. Should parents wish to visit us, please contact admissions@clfpost16.org.

Reminder: Musical Theatre Opportunity

In February half term there is an excellent opportunity to take part in a musical-filled two day workshop singing some well-known songs from Movie Musicals!

The two days will culminate in a 'Musical Revue' performance to friends and family. Participants will get the opportunity to see what it's like singing in a musical theatre ensemble, creating dynamic vocal harmonies. There will be the chance also for selected students to perform solo in the concert, soloists will be chosen by an informal recorded audition submission. **Follow the link below for an online application form, which should be completed by below by Friday 8th February.** <https://goo.gl/forms/Canrba8d4kYsxQz2>

Those wishing to audition for a solo need to submit a 30-60 second audio clip of them singing any musical theatre song of their choice.

This can be recorded on a phone, with or without backing accompaniment. Please note the song they sing in the performance will be pre-selected and I will send music to the selected soloists in advance.

Please upload solo audio auditions via WE TRANSFER, ensuring the name of the student is attached, via <https://wetransfer.com/> This is an easy FREE website that requires no registration, where you can upload files and share with the coordinator via her email address hollie.clark@southglos.gov.uk

For any further information, please contact charlotte.grierson@jca.cabot.ac.uk

Dates for the Diary

Below are a number of key dates that parents may wish to be aware of:

Years	Event
All years	
Year 7	<ul style="list-style-type: none">• Year 7 Reports on 18th March.
Year 8	<ul style="list-style-type: none">• Year 8 Reports on 4th March.
Year 9	<ul style="list-style-type: none">• Year 9 Parents' Evening is on Thursday 14th February. Letters to follow nearer the time.
Year 10	<ul style="list-style-type: none">• Year 10 Parents' Evening is on Thursday 31st January.
Year 11	<ul style="list-style-type: none">• Online applications for CLF Post 16 are still open until Thursday 31st Jan.• The CLGF Post 16 Information Evening takes place at JCA on Wednesday 27th February 2019 – 6pm to 7pm.
Sixth Form	

Best Wishes,

Sally Apps
Executive Principal