

GDPR – Privacy Notice Update

As you are probably aware, on Friday 25 May 2018, the data protection law is changing.

The new General Data Protection Regulation (GDPR) gives you new and enhanced rights in relation to the data organisations hold about you. We have updated our privacy notices in accordance with this new regulation, which are now available online at:

<https://www.cabotlearningfederation.net/privacy>

A “Key Information” summary note for parents is available below, which details how and why we collect data and what we do with it. Also available below is a student version.

[GDPR Privacy Statement - parents](#)

[GDPR Privacy Statement - students](#)

Football success

Well done to Ben Welsh, Cody Brain and Harvey Parsons (all Year 9) who took part in Avon Youth U14s League Plate competition last weekend.

All three boys are teammates and play football for AEK-BOCO; their team won the Avon Youth U14s League Plate.

There were 36 teams who entered this cup and the final was played last Sunday, 13 May against Mangotsfield, with AEK-BOCO winning 2-0.

Well done boys!



Creative Youth Network – half term workshops

Over the May Half term, Creative Youth Network are offering four different workshops for 11-14 year olds to get involved with.

There's something for everyone whether it's drawing, animation, puppetry or filmmaking. You can sign up to just one afternoon or join them for the whole week and have loads of fun whilst learning new skills:

Drawing, Tues 29 May, 1-5pm

A day full of drawing games, quick doodle and fun self portraits

Animation, Wed 30 May, 1-5pm

Bring your stories to life and create a hand drawn animation

Puppet making, Thurs 31 May, 1-5pm

Create 3D characters in this puppetry workshop

Film making, Fri 1 June, 1-5pm

Use puppets, cameras and editing to create a short movie

Address: The Station, Silver Street, BS1 2AG

The workshops are just £2 each and can be booked through this link:

creativyouthnetwork.org.uk/creativecourses

HALF-TERM CREATIVE WORKSHOPS

AGES: 11-14

Bring your story to life!

Led by Creative Future's Freelance Artists
Learn new skills from puppetry to animation.
Join us for a one day workshop or come to all four!
Price: £2/Workshop

DRAW IT!
Tue 29th May
A day full of drawing games, quick doodles and fun self-portraits.

ANIMATE IT!
Wed 30th May
Bring your stories to life and create a hand-drawn animation.

MAKE IT!
Thu 31st May
Create 3D characters in this puppetry workshop.

FILM IT!
Fri 1st June
Use puppets, cameras and editing to create a short-movie.

1pm-5pm
THE STATION
Silver Street, Bristol.
BS1 2AG.
@creative_youth
/creativyouthnet

To book go to:
creativyouthnetwork.org.uk/creativecourses
For more Info:
creative.dept@creativyouthnetwork.org.uk/0117 947 7948

CREATIVE YOUTH NETWORK
ARTS COUNCIL ENGLAND
REG CHARITY: 266318 | REG CO. IN ENG: 01099684 VAT NO: 110992037

To avoid disappointment, please do this sooner rather than later as places will be given on a first come first served basis; once a workshop is full, any further enquiries will go onto the waiting list.

Ramadan & PE lessons

We recognise that some students are observing Ramadan at this time. Below is the information that has been given to students this week regarding Ramadan and PE lessons.

- ❖ If you are fasting during Ramadan, please bring a note from home to your PE teacher.
- ❖ You are allowed to join in with PE as normal if you feel able to.
- ❖ You must get changed into your PE kit and help your teacher with tasks such as scoring, assessment, peer coaching & observation if you can't participate.

Mental Health Awareness week

This week is Mental Health Awareness week.

As part of that, South Gloucestershire Authority has published the South Gloucestershire Sleep Toolkit, aiming to develop awareness of the importance of sleep for mental and physical health. It also contains information and guidance to prevent sleep issues arising and tips on how to manage sleep concerns. There are two versions available, one aimed at 5 – 13 year olds and the other at 13 – 18 year olds. The links to both are below.

Childhood version: <http://edocs.southglos.gov.uk/sleptoolkit-childhood/>

Adolescent version: <http://edocs.southglos.gov.uk/sleptoolkit-adolescence/>

During tutor times, students have been discussing the importance of talking to each other, eating well and taking time out to do things that they enjoy. The following additional support is also available for students to access:

- School Nurse Drop In - Monday Lunchtimes in Safeguarding Office
- Counsellor Drop Ins - Tues and Weds Lunchtimes in SF5
- Safeguarding Team - Mrs Scott and Miss Hodge
- Access Off The Record online, drop in or self referral - <http://www.otrbristol.org.uk/>
- Access Kooth online at: <https://kooth.com/> (Kooth is an online counselling and emotional wellbeing platform for children and young people.)

Y10 Careers Guidance Interviews

JCA's careers advisor, Catrina Holmes, is currently arranging appointments with Year 10 students for one to one careers guidance interviews.

Students will receive an appointment slip when they are allocated an appointment slot. The link below to a presentation explains a bit more about what career guidance appointments entail. Parents are more than welcome to attend a careers guidance appointment – please contact Catrina to request this by emailing catrina.holmes@jca.cabot.ac.uk or by calling 0117 976 3000 (ext 1165).

Students can also drop into the careers office (SF6) at any time to request information or to book an appointment.

[Careers Guidance](#)

Off the Record – summer term dates

Please see the poster below for dates of free and fun workshops being offered by OTR Bristol from now and right through the summer term.

The Resilience Lab

Living in Bristol aged 14–25 or South Glos aged 11–18? Burnt out from too much work or studying?

In a hectic and often stressful world our ability to bounce back is really important for our health and happiness. Come join us for a series of FREE and - most importantly - FUN workshops to learn some new skills and ideas for how to cope with stress and deal with the challenges you face.

You can come to one, or better still, come to all five. You can also bring a friend along.

Making Friends with Stress (MFWS)
Forget 'stress management', lets really get to know stress...and maybe even make friends with it.

Reach out
Building bridges and getting connected. Learn some important and overlooked skills in the art of being resilient.

SuperMe
What are 'strengths' and why are they useful? Discover some of yours and how to use them for a real resilience boost.

Pressure Proof
Tried-and-tested techniques for when things get tough. An intro to breathing techniques, mindfulness and other stress busting ideas.

Thinking Traps
Ever get caught in patterns of negative thinking? Us too! Learn how to challenge those pesky thoughts that can sometimes make life feel so difficult.

BRISTOL SESSIONS RUN 6-7.30pm

SOUTH GLOS SESSIONS RUN 5.15-6.30pm

Summer Term

BRISTOL

1-2 Perry Road
Bristol
BS1 5BQ

WEDNESDAYS
6-7.30PM
TERM TIME

SOUTH GLOS

Yate Library
44 West Walk
BS37 4AX

THURSDAYS
5.15-6.30PM
TERM TIME

11th April

18th April

25th April

2nd May

9th May

16th May

23rd May

--- HALF TERM ---

6th June

13th June

20th June

27th June

4th July

11th July

18th July

---SUMMER HOLS---

12th April

19th April

26th April

3rd May

10th May

17th May

24th May

Check Twitter & Facebook for special events

7th June

14th June

21st June

28th June

5th July

12th July

19th July

Check Twitter & Facebook for special events

Pressure Proof
MFWS

Thinking Traps
SuperMe

Reaching Out
Pressure Proof
MFWS

Thinking Traps
SuperMe

Reaching Out
Pressure Proof
MFWS

Thinking Traps
SuperMe

Want to book a place? Find out more? Email resiliencelab@otrbristol.org.uk
Booking not essential but recommended as a places as limited

OTRBRISTOL.ORG.UK | TWITTER: @RESILIENCE_LAB | FACEBOOK.COM/THERESILIENCELAB

Catalyst Bootcamp

The Catalyst Bootcamp is a 3-day residential programme for girls and young women aged between 14 and 24, to develop sustainability skills and knowledge for 'healthy, happy and green' communities, careers and the planet.

There is an opportunity for students who meet the criteria to win a free place on the programme, please see the flyer below for entry details. For further information, including bursary opportunities and the application process, please go to www.catalysechange.com

[Catalyst Bootcamp](#)

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Year 11 Work Experience Opportunity

Watershed host Rife Magazine – Bristol’s youth led online platform, www.rifemagazine.co.uk

Online content creator role.

Within this role, students will learn about:

- creative ideas generation
- identifying and developing stories
- writing and media production
- devising social media strategies

They are looking for a student who is:

- curious
- collaborative
- interested in media and/or journalism

Interested students need to submit a 200 word or video vlog introducing themselves and why they would benefit from work experience at Rife Magazine. Please send applications to JCA’s Careers Advisor, Catrina Holmes at catrina.holmes@jca.cabot.ac.uk or drop into SF6 Monday - Thursday if you have any questions or need support with your application.

Yate & District Athletic Club

We have been contacted by Yate & District Athletic Club to say that they are hosting a two-day event at their home track during half term.

The event is open to students in Years 7, 8 or 9 who might like to try out athletics. The event is being run using the established “English Schools Award Scheme”, formerly known as the “Five Start Award Scheme”.

Bookings are being taken until Friday 25 May.

Spaces will be limited to 40 people.

Just £20 per person (total, for two days).

For more information and to make your reservation visit:

yateac.co.uk/HalfTerm



Yate & District Athletic Club Half Term Awards Scheme

Tuesday 29th & Wednesday 30th May
9am – 4pm both days

Are you in year 6, 7, 8 or 9?

**Do you have an interest in trying Track and Field Athletics?
Do you want to be part of a successful team, like the one in the photo?**

Yate & District Athletic Club are inviting local young people to visit the track at Yate Outdoor Sports Complex and try out ten different athletic events.

Our qualified coaches, using professional athletic equipment and facilities, will provide fun & friendly training in each event.

You will then record a performance, which will count towards your own personal Pentathlon score. You will then be able to apply for English Schools Athletic Association badges.

Bookings are being taken until Friday 25th May.
Spaces will be limited to 40 people.

Just £20 per person (total, for two days).

For more information and to make your reservation visit:
yateac.co.uk/HalfTerm

Inter Community

A reminder that the following inter community events are taking place next week:

Year 7: Monday 21 May, during pds 1/2
Year 9: Thursday 24 May, during pds 6/7

Both events will be held on the field; students are advised to bring a drink of water with them, particularly as the forecast is for good weather all next week.

Library – overdue books

The library currently has over 300 overdue books in need of returning.

Please have a look around your home for any of our books, and send them back to us. Likely places include, but are not limited to, in old school bags, on bookshelves, under beds, and the bottom of wardrobes. Year 11s in particular, please can we ask that you return your library books before you leave us at end of the year.

Next week, from 21 - 25 May, we are offering a Lost or Damaged Book Amnesty. The normal replacement cost for a lost or damaged book is £5, but we will be waiving this for one week only! If your library book has been lost or damaged, please come let us know so it can be removed from our system. You will not be fined if you let us know during the Amnesty but this is a limited time offer. Thank you!

Dates for the Diary

Below are a number of key dates into the near future that parents may wish to be aware of:

| Years | Event |
|-----------|--|
| All years | w/c Monday 21 May is week 2 on the timetable Term 5 ends, Friday 25 May Term 6 begins, Monday 4 June (week 1 on the timetable) New Y7 Welcome Evening, Thursday 14 June CLF Battle of the Bands event, Thursday 21 June New Year 7 Induction Day, Tuesday 26 June CLF Athletics Event, Friday 29 June Sports Day, Wednesday 4 July CLF Conference/Inset Day, Friday 6 July – all CLF academies closed Summer Music Concert, Wednesday 18 July |
| Year 7 | Y7 Drama Festival, Tuesday 3 July Y7 Music Festival, Wednesday 11 July |
| Year 8 | Y8 Career Footsteps Day, Monday 9 July |
| Year 9 | Y9 Future Quest trip to Clifton Suspension Bridge, Wednesday 23 May Y9 Future Quest visit to Bristol University, Wednesday 20 June |

| | |
|-------------------|---|
| Year 10 | Y10 Future Quest Celebration Evening, Tuesday 19 June Y10 Business trip to Cadbury World, Thursday 5 July Y10 Future Quest trip to Houses of Parliament, Monday 9 July |
| Year 11 | GCSE exams on Y11 Leavers Assembly, Friday 15 June Y11 Prom at Bath Racecourse, Friday 29 June |
| Sixth Form | Y13 Prom, Friday 29 June |

Lost Property

We currently have the following items of lost property on reception:

Black Puma drawstring bag with PE kit
 Black FitBit watch
 Black 'North Face' hoodie
 Dark grey Regatta Great Outdoors coat with fur around the hood
 Orange drinks bottle
 Plain black pencil case
 Black and white pencil case with 'M' on it
 Black F & F jacket
 Black Adidas cap

Black Slazenger coat
 Grey and black Adidas puffer jacket
 Black Helly Hansen Coat
 Black zip up hoodie
 Cream coat with fur around the hood
 Black Montare jacket with green zips
 Miss Selfridge Green jacket with fur on hood
 Black Nike Jacket
 Purple Hype backpack
 Green YD coat with fur around the hood

Best wishes

Sally Apps
Executive Principal