

Envision Superstars

JCA Community Apprentices recently raised over £180 for charity!

Congratulations to JCA's Envision Community Apprentice team, who worked closely with their mentors at Direct Line to raise £180.14 for charity in December. Speaking about JCA pupils' positive and hardworking approach, the programme manager at Envision, Jess Statham, said: "their attitude towards the fundraiser was mature, enthusiastic and positive; they should be incredibly proud of themselves."



Musical Theatre Opportunity

In February half term there is an excellent opportunity to take part in a musical-filled two day workshop singing some well-known songs from Movie Musicals!

The two days will culminate in a 'Musical Revue' performance to friends and family. Participants will get the opportunity to see what it's like singing in a musical theatre ensemble, creating dynamic vocal harmonies. There will be the chance also for selected students to perform solo in the concert, soloists will be chosen by an informal recorded audition submission. The attached letter and poster outlines all information and parents/carers will need to complete an online application form via the link below by Friday 8th February. <https://goo.gl/forms/Canrbda8d4kYsxQz2>

Those wishing to audition for a solo need to submit a 30-60 second audio clip of them singing any musical theatre song of their choice.

This can be recorded on a phone, with or without backing accompaniment. Please note the song they sing in the performance will be pre-selected and I will send music to the selected soloists in advance.

Please upload solo audio auditions via WE TRANSFER, ensuring the name of the student is attached, via <https://wetransfer.com/> This is an easy FREE website that requires no registration, where you can upload files and share with the coordinator via her email address hollie.clark@southglos.gov.uk

For any further information, please contact charlotte.grierson@jca.cabot.ac.uk

Year 10 Parents' Evening takes place on 31st January.

If you have a child in year 10, please fill in and return the appointment booking form, which your child will bring home with them next week.

More Musical Marvels

Associated Board Music Examinations

A HUGE well done to the all students who completed examinations in music this term. We are very proud of your achievements. A particular mention to 2 students in Year 9 for their outstanding results in their Associated Board of Music examinations. These are by far the highest marks we have ever seen at JCA, and we wanted to highlight your success:

- Dominic Manley Grade 4 Flute: 143 points, which is a Distinction!
- Harry Bowley Grade 4 piano: 132 points, also a Distinction! 🎵

Breaktime Music

The last two weeks of term have seen an influx of performances in the foyer at breaktime each day. It has been fantastic to see so many students involved, and we look forward to the staff Christmas sing-a-long on Friday 21st December! Please see Miss Grierson or Mr Shepherd if you would like to get involved in breaktime performances next term. 🎵



Winter Music Extravaganza

Tuesday 18th saw the return of our annual Winter Concert with huge amounts of musical talent from all year groups. The concert was very well attended and many former students also came back to support. The evening showcased talent from vocal groups, rock bands and even cover versions of Christmas classics. Overall it was a huge success and I must say well done and thank you to all of the students involved and families who continue to support us. We raised a total of £289.00 for the Music Department and the students will help to decide what this will be invested in. 🎵



Caring in Bristol

A huge thank you to parents, students and staff who supported our collection for Bristol's homeless community.

A small group of students worked on promoting this drive and also running a cake sale, which raised £50, during our enrichment program. Well done to them! Attached is a photo showing the donations which were taken down to Caring in Bristol in St Paul's.



Synchronised Swimming Success

One of our extremely talented Year 10 students, Laurel Allen, has enjoyed a huge amount of recent success with synchronised swimming.

At the beginning of November, Laurel and her synchro swim team took part in a Multi-Regional competition in Crawley, which saw them take home the gold medal! In addition to this, Laurel won a bronze medal for her first ever duet swim!

Two weeks later saw Laurel and her team compete in Gloucester in the annual premiere competition for young synchronised swimmers in England - the Swim England Synchronised Swimming National Age Group Championships. Laurel and her team swam their routine, and were awarded the bronze medal! Laurel also competed in an individual figure event, and placed 14th out of 144 girls across the country, which is a fantastic result in a competition that represents the best of the best in synchro.

As a result of her success in the competition, Laurel was spotted by a GB coach and invited to attend a trial for the England Squad! This opportunity to trial is a very rare event in such a competitive sport so this was an amazing opportunity for Laurel, and indicative of her talent and dedication to synchronised swimming. Laurel's England Trial happened just before Christmas, and she was (as you would expect!) put through very rigorous training, including assessments both in the pool and on land. **Laurel impressed during her trial, and consequently she has now been selected to train with the England Development Squad for 2019! This is an outstanding achievement.**

Laurel is already training 7 days a week - including early morning swims before school, and training sessions straight after school, totalling around 16 hours a week minimum (often with a requirement to complete additional strength & conditioning exercises at home). On top of this, as a result of her recent inclusion in the England Squad, Laurel will now be spending the duration of her school holidays on England training camps! This is a huge commitment, but no doubt one that Laurel will continue to give 100% to.

The Academy would like to wish Laurel the best of luck with this exciting opportunity, and continued success with her synchronised swimming. Huge congratulations, Laurel - and well done on your continued hard work and the dedication you have already shown to your sport. You should be really proud of your achievements so far, and we are confident that your talent and work ethic will result in many more successes in the future!

GCSE PE Assessments

GCSE PE assessments are in full swing during term 3 ready for submission to the exam board at the end of this term.

If your son/daughter is a GCSE PE student they will be having final assessments in their chosen 3 sports for both skill and competition aspects of the course. With literally hundreds of assessments to complete it is important students know the drills we will be doing and attend all relevant assessment exams. Please speak to your son/daughter to ensure they know when their matches and assessments are and they participate.

GCSE PE Assessments Continued...

The new criteria means games need to be in full match context, therefore if they miss a football assessment, for example, we would need to arrange another night and 21 other students with permission slips and paper work just for that one assessment of one child.

Any students wanting the specifications for their sports who may have lost them can come to the PE office and collect them. A term of good work and commitment now can really set students up to do well for the exam.

Josh's Athletics Success

Josh Maggs's sprinting record is among the very best in the region.

After performing well in PE lessons, Josh Maggs (year 10) was encouraged to join a local athletics club. Josh is talented at sports and has a fantastic attitude to learning in my lessons, but his real stand out talent is sprinting. After training for only a short while he entered his first indoor 60m race. Josh's result was fantastic and his time of 7.42 seconds from his very first race puts him ranked 3rd fastest in the South West of England and 42nd in the Country. What a fantastic and well deserved achievement for such a positive and enthusiastic young man. Well done Josh you thoroughly deserve to do well and shows what a positive attitude to learning can do!!! We wish you good luck and hope this is just the start of things to come.

Mr Thomas
Head of PE

A Guide to Spotting Fake News

As part of the #WakeUpWednesday campaign, National Online Safety has created a free online safety guide for schools to share with parents, carers, staff and children 'Fake News'; the epidemic plaguing our social media timelines and influencing behaviours across the globe!



- Twitter:
<https://twitter.com/natonlinesafety/status/1082967693202993152>
- Facebook:
<https://www.facebook.com/NationalOnlineSafety/photos/a.1681508315488685/1946517172321130/?type=3&theater>

ONLINE APPLICATIONS CLOSE
31 JANUARY 2019
DON'T MISS OUT!



CABOT
LEARNING
FEDERATION

CLF POST 16 INFORMATION EVENING – John Cabot Academy
Wednesday 27th February 2019 - 6pm to 7pm

CLF Post 16 is an inclusive and supportive provider that places the needs of all students at the heart of everything we do. We cater for all levels of students from Level 1 ESOL, through Level 2 and Level 3 Vocational to the full breadth of A level courses.

We are a successful Post 16 within the local area and wider city of Bristol. Ofsted recently judged us to be a good, purposeful and supportive Post16 centre and an Academy that is a strength to the Cabot Learning Federation.

Students who are part of our community all move onto fantastic and successful pathways, with students studying degrees at universities across the UK, including Russell Group Universities, notably Bristol, Oxford and Cambridge. Many students choose an apprenticeship route instead to obtain their degree through on-the-job training and we are proud to see them succeed in their chosen careers.

You can find out more at www.clfpost16.org or attend our information evening at John Cabot Academy on Wednesday 27th February, from 6 – 7pm.

Online applications are still open until 31st January and parent tours of BBA and JCA are available. Should parents wish to visit us, please contact admissions@clfpost16.org

Dates for the Diary

Below are a number of key dates into the near future that parents may wish to be aware of:

Years	Event
All years	•The First Story sessions will start again on Monday 14th January with Ms. Hayes in AG7 from 3.15-4.45pm.
Year 7	
Year 8	
Year 9	
Year 10	• Year 10 Parents' Evening is on Thursday 31st January. Appointment booking letters will be distributed next week via tutor groups.
Year 11	• Online applications for CLF Post 16 are still open until Thursday 31st Jan. • The CLGF Post 16 Information Evening takes place at JCA on Wednesday 27 th February 2019 – 6pm to 7pm.
Sixth Form	

Best Wishes,
Sally Apps
Executive Principal